



## Consent to Coaching Assessment

A 2 hour initial assessment will be conducted in which the coach does an interview with you, and then observes your family interacting normally. The charge for this session will be \$150. If needed and agreed between the coach and family, this assessment time may be extended in one hour increments at a rate of \$75 per hour. Within one week of completing the observation and interview, the coach will be available to meet with you to discuss the findings and make recommendations. There will be a \$50 charge for this 30-45 minute meeting. This charge will be waived if you commit to, and prepay for 8 sessions (\$500 ~ a savings of \$100 from the \$75 per session charge.)

Your signature below indicates that you agree to have an in-home assessment of your family at the cost listed above. Your signature below also indicates that you have read and signed the *Roots & Wings Consulting* Abuse Reporting Policy. Agreeing to participate in this initial assessment does not obligate you to participate in future coaching sessions.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

Follow Up Scheduled For: \_\_\_\_\_

**\*\*Please do not sign the Coaching Agreement below until the follow up meeting, and only if you agree to participate in coaching services.**

## Coaching Agreement

### **The Coaching Relationship:**

I understand that the coaching relationship is not the same as therapy, nor is it a substitute for therapy. If I feel that I need therapy, I can ask my coach for referrals to psychotherapists that may meet my needs. If the coach believes that therapeutic services, psychiatry, medical treatment, legal services, or any similar resources may be valuable to me, they may recommend that I pursue them, and can help me locate resources if needed.

### **Confidentiality:**

As licensed therapists, *Roots & Wings Consulting* staff understand the ethical and legal standards regarding protecting the confidentiality of clients, including coaching clients. We will not share that we are in a coaching relationship with you, or any information we learn about you through our coaching sessions with anyone unless we have your permission. There are some exceptions to confidentiality including times when there is reported or suspected child/elder abuse, if a client is in immediate danger of hurting himself or a reasonably identifiable other person, and if we are ordered by court. Unless contraindicated, we will make every effort to discuss these situations with you prior to releasing confidential information.

### **Expectations:**

I understand that I am expected to take an active part in assessing my current situation, setting goals, and following through when I make an agreement to work on something. I understand that coaches are not here to 'fix' my family, but to work with me on improving my effectiveness as a parent. As such, improvement is only possible when I am open to making changes, and I commit and follow through. I agree to attend coaching sessions as scheduled and will give my full attention to the session. I understand that I am expected to cancel any coaching sessions at least 24 hours in advance, and that I will be charged for the session if I do not do so. I understand that open communication with my coach is necessary and that feedback to and from the coach about concerns and progress will help me to reach my goals.

**Coaching fees:**

An initial assessment was conducted with your family. The total length of this session was \_\_\_\_\_ hours and the total charge was \$ \_\_\_\_\_. As a follow up to the assessment, you are meeting with the coach to discuss the findings and recommendations. There is a \$50 charge for this 30-45 minute meeting. This charge will be waived if you commit to, and prepay for 8 (60 minute) sessions (\$500 ~ a savings of \$100 from the \$75 per session charge.) If you decide to pay session by session, there will be a \$75 charge per 60 minute session. Initially, at least one session weekly is expected, but there can be more or longer sessions when mutually agreed. Ideally, the sessions will happen less frequently as we approach termination. Consultations by phone are available after the assessment meeting and will be billed at \$20 for 20 minutes or part thereof.

I agree to pay:

\_\_\_\_\_ \$50 to review assessment & \_\_\_\_\_ \$75 per 60 minute session  
(Waived when 8 sessions are prepaid - coach initial this line if the fee is waived)

OR

\_\_\_\_\_ \$500 for eight 60 minute sessions  
(A refund will be given for unused coaching sessions if you prepay for 8 sessions and then decide to cancel. In the event of cancellation of prepaid agreement, the discount will be forfeited. The used sessions will be charged at \$75 per hour, and the refund will be less the \$50 that was waived with the prepaid agreement.)

OR

\_\_\_\_\_ Other Agreement (Please Describe) \_\_\_\_\_

By signing below, I certify that I have read the above disclosures and had them explained to me. I am entering into a coaching relationship by my own choice.

\_\_\_\_\_  
**Parent Signature** **Date**

\_\_\_\_\_  
**Parent Signature** **Date**

\_\_\_\_\_  
**Coach Signature** **Date**