

Meet Our Founders



Aisha Pope is a Licensed Clinical Social Worker (LCSW) who has been working in the San Diego area for about 12 years, and in the field of social sciences for nearly 15 years. She graduated with a Bachelors Degree in psychology from California State University Dominguez Hills where she focused on research related to human behavior and ethnic identity development. She then received a Masters in Social Work from San Diego State University, with an emphasis in Mental Health, and additional coursework to satisfy the requirements for an emphasis in Children, Youth, and Families. Aisha has worked in a variety of settings including the preschool of a battered women's shelter, group homes for at risk youth, in-patient hospital with adult, child, and chemical dependency populations, and provided group and individual therapy to clients in an outpatient clinic. She was also a clinical supervisor in an adult crisis facility for over three years, and taught parent training courses to foster parents entering into specialized foster care with severely at risk youth. She has had additional training in the areas of autism, brief strategic therapy, and couples therapy for couples struggling with infertility. She has co-facilitated training courses for professionals on topics including Positive Discipline, cultural diversity, and dual diagnosis issues.

In addition to her work with Roots & Wings Consulting, Aisha currently works with children and families in a wraparound program aimed at reducing the risk of out of home placement for children with emotional and behavioral problems. She has been trained in Positive Discipline, and teaches parenting courses in the community. She is also available for therapy, parent coaching, speaking engagements on topics related to parenting and Positive Discipline, and consultations with schools and day-care centers to update their discipline plans. Aisha is a member in good standing with the National Association of Social Workers (NASW), NASW-California Chapter (Private Practice Specialty Practice Section), California Society for Clinical Social Work (CSCSW), Psi Chi National Honor Society in Psychology, and the Southern California Positive Discipline Mentor Group. She is a Certified Positive Discipline Parent Educator (CPDPE) and a Positive Discipline Associate in Training (PDAIT) working towards certification to train other parent educators.

Aisha has also published a book, **My Brother - Autism - And Me**, about the developmental delay, autism, all through the eyes of a sibling. In the book, readers meet a little boy who sometimes struggles to make sense of his brother's unusual behavior. He understands that because of autism, his brother does some things differently, but when he sees how much attention that gets him from parents and teachers, he sometimes feels left out. Order a copy today at www.MyBrother-Autism-AndMe.com, or order a signed copy from our upcoming events page!

Email Aisha @ Aisha@ContactRAW.com or Call 619.737.7721

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Talin Yesaie is a Licensed Marriage and Family Therapist (MFT) who has been working in the San Diego area for about 10 years, helping children, at risk teenagers and families meet their goals. She graduated from the University of California, San Diego with a Bachelor's Degree in Human Development which included study in biology, psychology and social studies. Her undergraduate practicum included research on aggression with preschool children, co-directed a mentoring program for middle school children and a Peer Counselor in the advising department. She received a Masters Degree in Marriage and Family Therapy from the University of San Diego where she completed her practicum at Rady Children's Hospital in their outpatient Psychiatry department as a therapist working with children and their families.

Talin was also a volunteer at Rady's in the Urgent Care/ER department where she earned the honor of Rookie of the Year, awarded to a volunteer who shows exemplary performance and dedication to patients. Talin worked with at risk teenagers at YMCA, Project OZ, a 24 Hour Crisis Shelter for teens struggling with depression, anxiety and various other disorders. OZ is a short term placement focused on giving teenagers a "time away" to focus on their needs and increase communication within the family in order to reunite and stabilize their placement in the home.

Talin currently works with children and families in a wraparound program to reduce the risk of out of home placement for children with serious emotional needs. She has been trained in Positive Discipline and teaches parenting courses in the community. She is also available for therapy, parent coaching, speaking engagements on topics related to parenting and positive discipline, and consultations with schools and day cares to update their discipline plans. Talin is a member in good standing with the California Association of Marriage and Family Therapists (CAMFT) and the Southern California Positive Discipline Mentor Group. She is also the recipient of the 2008 STAR Award in the field of Behavioral Health given to an individual in the field of mental health or substance abuse honoring their commitment to supporting and protecting children and youth in our community by the San Diego County Commission Children, Youth and Families.

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